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XiMED Board Member Dr. Leonard Jurkowski Thriving as Primary Care Doctor with Own Urgent Care Center



If optimism, determination, fearlessness, a strong work ethic and thankfulness were bankable assets, Leonard Jurkowski, MD, would control a sizable bank account.

The indefatigable Dr. Jurkowski is an independent private practice primary care physician licensed to practice in two countries, a healthcare entrepreneur, and a member of the XiMED board of directors.

Born and raised in Canada, Dr. Jurkowski received his medical degree from McMaster University Medical School, Hamilton, Ontario, Canada, graduating in 1975. Entering medical school with an undergraduate degree in social science from the same institution, he completed a medical school coursework in three years with a problem-based learning curriculum that had McMaster medical students attending classes for 11 months each year.

Dr. Jurkowski completed his residency at McMaster and followed that with an 18-month stint on the McMaster faculty. He subsequently practiced in Canada for nearly 18 years before coming to the U.S. at the behest of family living in San Diego County.

"I came to San Diego without a job," Dr. Jurkowski recounts of his arrival in San Diego in 1995. "I put an ad in the Union Tribune: 'Canadian physician looking for a position.' "

The advertisement landed him a position working for two doctors at their practice in Escondido.

By January 1999 he was on his own, hanging out his shingle on the Scripps Memorial campus. "I didn't have any patients; I just started a



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practice," he recalled.

In 2013 Dr. Jurkowski and his wife, a registered nurse, took another leap and "put everything we had" into a stand-alone urgent care facility, MD Today, in Scripps Ranch. "We were under that kind of ax," he said of his decision to launch the business. "Tom Sounhein of XiMED suggested the Scripps Ranch location," Dr. Jurkowski noted.

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